



*Syrian refugee and Jordanian girls participate in a mixed-nationality football camp in Jordan.  
Photo/UN Women/Christopher Herwig*

**10.08.2016 – Sport has the power to transcend boundaries of sex, race, religion and nationality. It promotes health and wellness, improves self-esteem, and teaches leadership, team skills and perseverance. Women in sport defy gender stereotypes, make inspiring role models, and show men and women as equals. Seeing is one step closer to being.**

Women are more visible in sport now than ever before: Of a total of 997 athletes, only 22 women competed, for the first time, at the 1900 Games in Paris. The London 2012 Olympics was the first Games in which women competed in every sport of the Olympic programme. In Rio, approximately 4,700 women - 45% of all athletes—will represent their countries in 306 events.

